

University of Massachusetts Medical School

eScholarship@UMMS

University of Massachusetts Medical School Publications

2019-12-31

NIH Basic Resources: Discovering Health and Finding Wellness

Catherine Martin

University of Massachusetts Medical School

Let us know how access to this document benefits you.

Follow this and additional works at: <https://escholarship.umassmed.edu/publications>



Part of the [Health Sciences and Medical Librarianship Commons](#), [Information Literacy Commons](#), and the [Public Health Commons](#)

Repository Citation

Martin C. (2019). NIH Basic Resources: Discovering Health and Finding Wellness. University of Massachusetts Medical School Publications. <https://doi.org/10.13028/vsd8-ty25>. Retrieved from <https://escholarship.umassmed.edu/publications/34>

This material is brought to you by eScholarship@UMMS. It has been accepted for inclusion in University of Massachusetts Medical School Publications by an authorized administrator of eScholarship@UMMS. For more information, please contact Lisa.Palmer@umassmed.edu.

NIH Basic Resources:

Discovering Health and Understanding Wellness



Catherine L. Martin, M.Ed.
Community Engagement Coordinator
All of Us Research Program
Email: Catherine.Martin@umassmed.edu



Objectives

- ❑ Identify how the National Network of Libraries engages with public, academic and medical libraries at a national level
- ❑ Demonstrate a more diverse understanding of NIH's online resources to promote health and wellness
- ❑ Understand Precision Medicine and how it relates to the national *All of Us* Research Program

National Institute of Medicine



- Physical library located in Bethesda, MD on the campus of the National Institutes of Health
- Largest biomedical library in the world
- One of the Federal government's largest providers of digital content
- The Library is open to all and has many services and resources.

National Network of Libraries of Medicine

NIH

- **National Institutes of Health**
- The nation's medical research agency, comprised of 27 Institutes and Centers

NLM

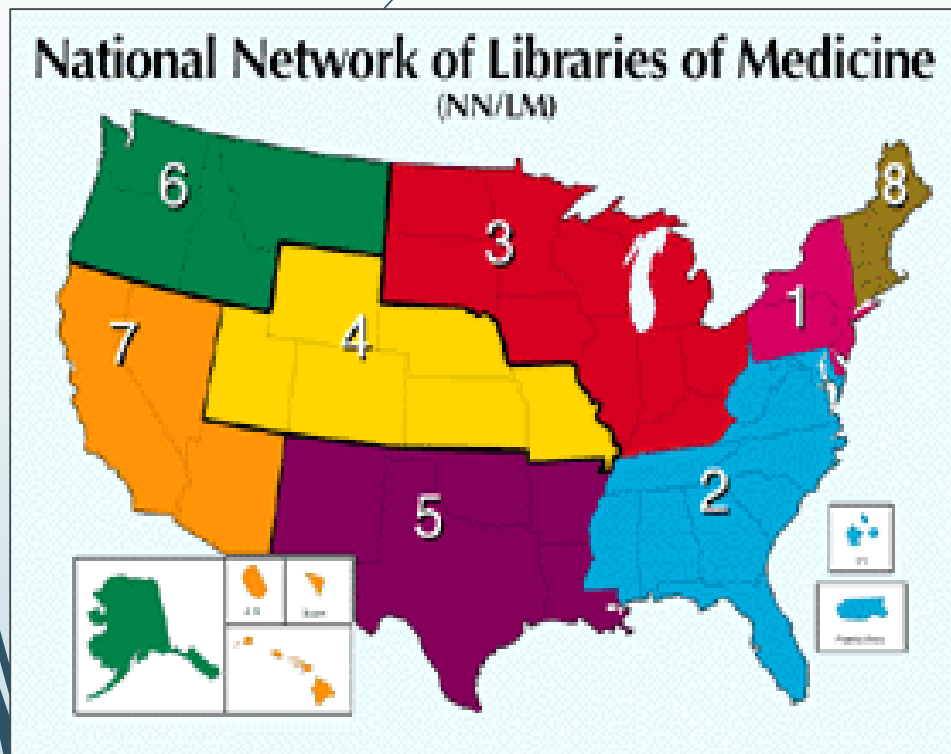
- **National Library of Medicine**
- An NIH Institute and the world's largest biomedical library

NNLM

- **National Network of Libraries of Medicine**
- Comprised of 8 Regional Medical Libraries and 5 Offices

RML

- **Regional Medical Library**
- 8 university health science libraries serve as regional offices to promote and provide access to health information in their communities



NNLM - Regions

- 1 - Mid Atlantic RML – University of Pittsburgh
- 2 – Southeastern RML - University of Maryland , Baltimore
- 3 – Greater Midwest RML - University of Iowa, Iowa City
- 4 – Mid Continental RML - University of Utah, Salt Lake City
- 5 – South Central RML – University of North Texas Health Science Center, Fort Worth
- 6 – Pacific Northwest RML – University of Washington, Seattle
- 7 – Pacific Southwest RML – University of California, Los Angeles
- 8 – **New England RML** – University of Massachusetts Medical School, Worcester

About The *All of Us* Research Program

We want to speed up medical research.
And we're asking one million people to
help lead the way.



All of Us Research Program

[HTTPS://WWW.JOINALLOFUS.ORG/EN](https://www.joinallofus.org/en)



GO

[About MedlinePlus](#) [Site Map](#) [FAQs](#) [Customer Support](#)

[Health Topics](#)

[Drugs & Supplements](#)

[Videos & Tools](#)

[Español](#)



Health Topics

Find information on health, wellness, disorders and conditions



Drugs & Supplements

Learn about prescription drugs, over-the-counter medicines, herbs, and supplements



Videos & Tools

Discover tutorials, health and surgery videos, games, and quizzes



Lab Test Information

Learn why your doctor orders laboratory tests and what the results may mean

[Medical Encyclopedia](#)

Share MedlinePlus



Isn't indoor tanning safer than tanning in the sun? Are there safer ways to look tan?

Find the answers to all your **tanning** questions.



Tweets by @MedlinePlus



MedlinePlus.gov
@medlineplus

RT @NIDDKgov: #DYK that about 1 out of every 100 people in the U.S. has **#hyperthyroidism**, or overactive thyroid? niddk.nih.gov/health-informa...

Did you know?



Stay Connected

Sign up for MedlinePlus email updates

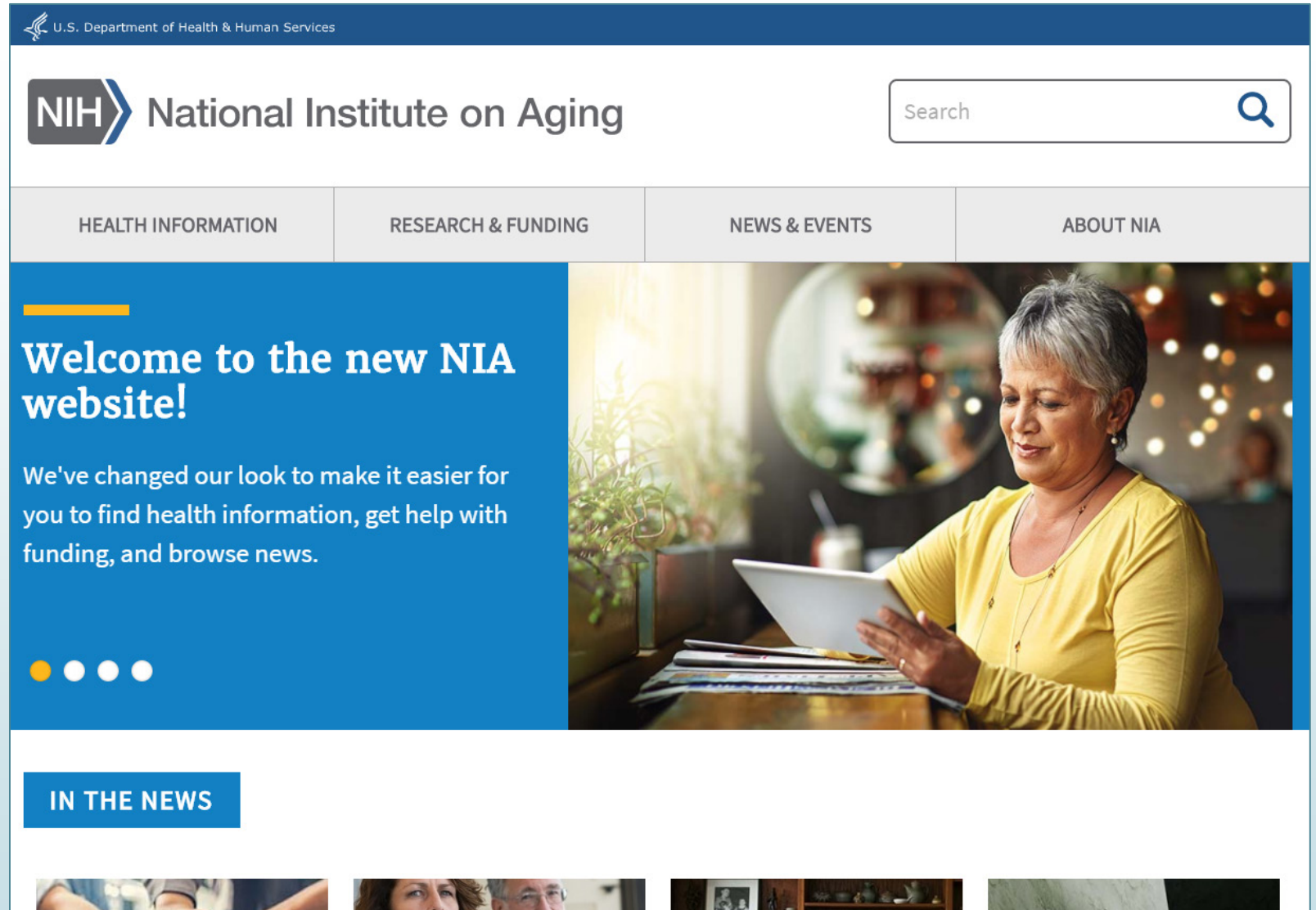
GO

NIH MedlinePlus Magazine



<https://medlineplus.gov>

National Institute on Aging



<https://www.nia.nih.gov/>



ALL DRUGS

HUMAN DRUGS

ANIMAL DRUGS

Enter drug, NDC code, drug class, or Set ID



MORE WAYS TO SEARCH:

ADVANCED SEARCH

BROWSE DRUG CLASSES

LABEL ARCHIVES

TABLET/CAPSULE ID TOOL

This website contains **94572** drug listings as submitted to the **Food and Drug Administration (FDA)**.
At the present time, this Web site does not contain a complete listing of labels for approved prescription drugs.

SHARE    

NEWS

[DailyMed Announcements](#)

Posted: October 3, 2016

DailyMed/RxNorm Jamboree Workshop 2016 Archive

NLM's 4th annual Jamboree took place Tuesday, September 27, 2016, in the Lister Hill Auditorium at NLM on the NIH campus in Bethesda, MD. Please visit <https://www.nlm.nih.gov/mesh/Jamboree/2016.html> for an archived recording of the event, instructions on how to obtain presentation slides, and to provide feedback.

[MORE INFO](#)

[Get RSS News & Updates](#)



The DailyMed RSS feed provides updates and information about new drug labels approved by the FDA and published on NLM's DailyMed Web site.

FDA GUIDANCES & INFORMATION

[Drug Guidance, Compliance & Regulatory Information](#)



[View FDA Structured Product Labeling Resources](#)

[View FDA Drug Labeling Guidances](#)

[View All FDA Drug Guidances](#)

NLM SPL RESOURCES

The following Structured Product Labeling (SPL) resources have been created to assist industry professionals.

[Download Data](#)



[All Drug Labels](#)

[All Indexing Files](#)

[All Mapping Files](#)

[SPL Image Guidelines](#)

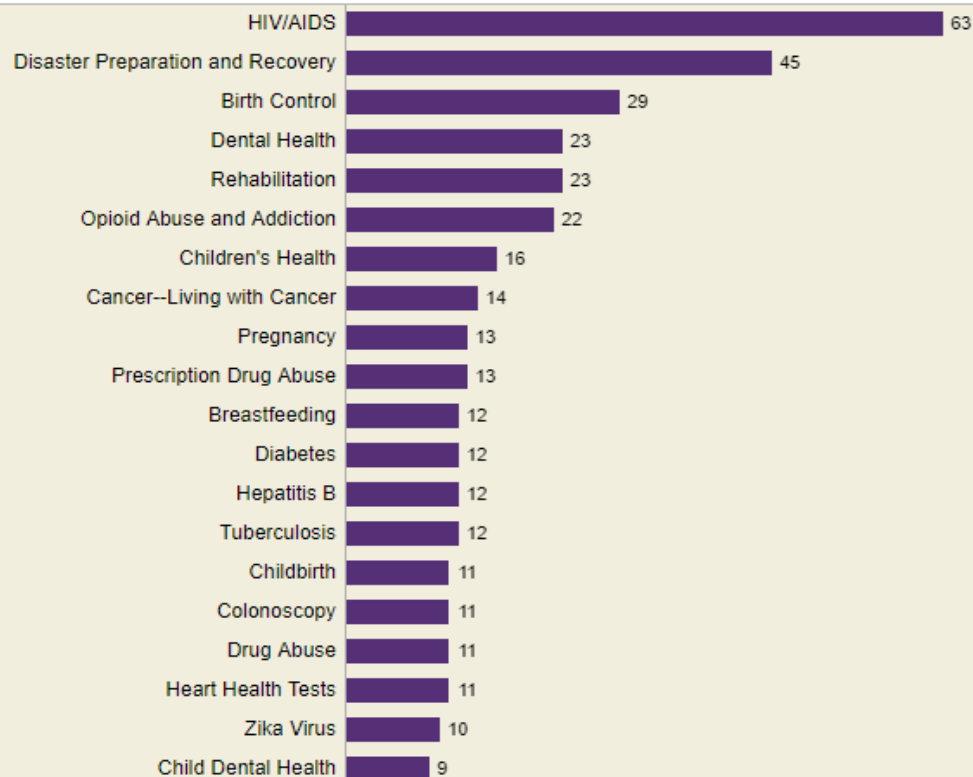


Guidelines for SPL image files of oral solid dosage forms that are submitted to the FDA with SPL documents.

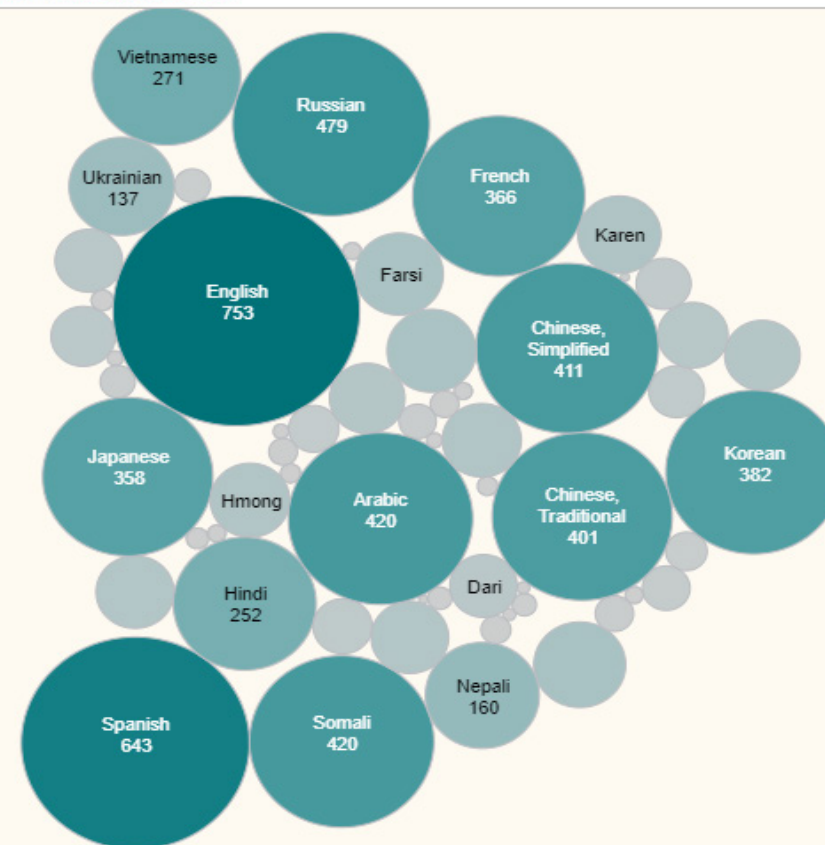
<https://dailymed.nlm.nih.gov/dailymed/>



Health Topics by Number of Titles



Filter by: Language: All / Format: Document



U.S. National Library of Medicine

<https://healthreach.nlm.nih.gov>

Genetics Home Reference
Your Guide to Understanding Genetic Conditions

Search

Health Conditions Genes Chromosomes & mtDNA Resources Help Me Understand Genetics

Genetics Home Reference provides consumer-friendly information about the effects of genetic variation on human health.

Health Conditions

More than 1,200 health conditions, diseases, and syndromes

[Browse A-Z](#)

Genes

More than 1,400 genes and the health effects of genetic changes

[Browse A-Z](#)

Chromosomes & mtDNA

Autosomes, sex chromosomes, and mitochondrial DNA (mtDNA)

[Browse](#)

Help Me Understand Genetics

Learn about the basics of human genetics

[Browse](#)

Recently Added Pages

New Pages

- Melanoma
- Nearsightedness
- Microcephaly, seizures, and developmental delay
- [More New Pages...](#)

Updated Pages

- 3MC syndrome
- Adenosine deaminase 2 deficiency
- Ataxia with oculomotor apraxia
- Bohring-Opitz syndrome
- [More Updated Pages...](#)

Noteworthy

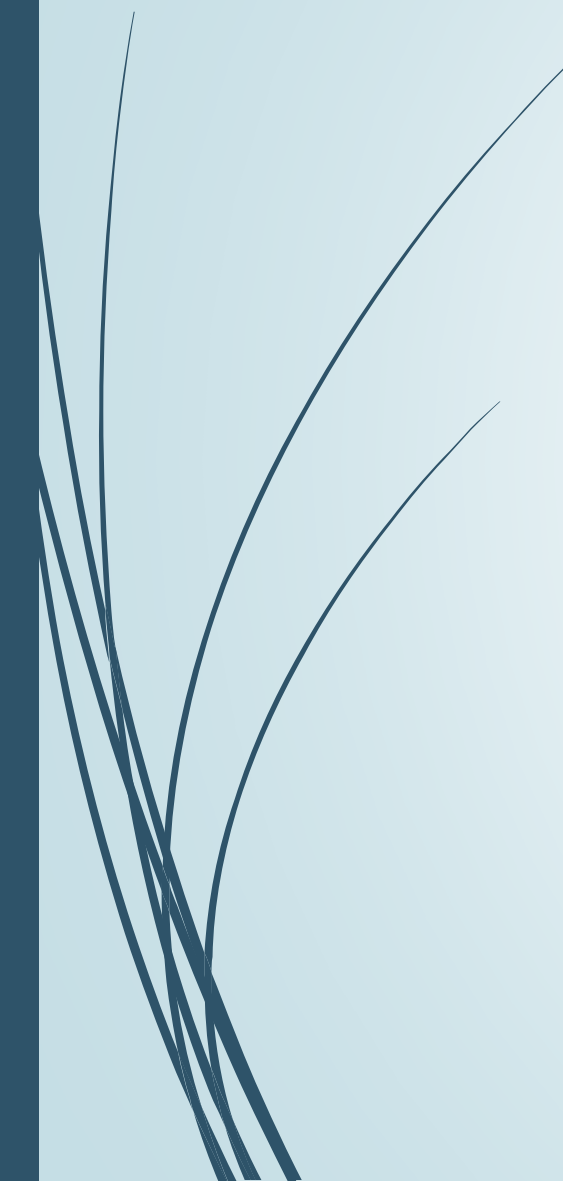
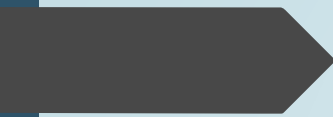
- [Back to School with Genetics Home Reference](#)
- [Genetics Home Reference Celebrates Its 15th Anniversary](#)

You Might Also Like


- [What is direct-to-consumer genetic testing?](#)
- [What are genome editing and CRISPR-Cas9?](#)
- [What is precision medicine?](#)
- [What is newborn screening?](#)

Genetics Home Reference






<https://ghr.nlm.nih.gov/>




[ABOUT CANCER](#) [CANCER TYPES](#) [RESEARCH](#) [GRANTS & TRAINING](#) [NEWS & EVENTS](#) [ABOUT NCI](#)




NCI is the nation's trusted source for cancer information


About Cancer     



Obesity and Cancer
Overweight and obesity are linked to increased risks of a number of cancers.



Taking Time: Support for People With Cancer
Covers the feelings and concerns of people with cancer and their families.



Looking for a Clinical Trial?
With our new basic search form, you can find a trial or contact the NCI for help via phone, email, or online chat.

[Cancer.gov](https://www.cancer.gov)

Professional Development

**MEDICAL LIBRARY ASSOCIATION**

ABOUT MLA - JOIN MLA COMMUNITIES - PROFESSIONAL DEVELOPMENT - MEETINGS - ADVOCACY - PUBLICATIONS - FOR PATIENTS

MEDLIB-ED

Professional Development

General Information

Professional Competencies

Continuing Education (CE)

AHIP Credentialing

Specializations

Mentoring

Research Training Institute

Rising Stars Leadership

Grants and Scholarships

Career Center

For Educators, CE Planners

Consumer Health Information Specialization

The MLA Consumer Health Information Specialization (CHIS) offers *training* in providing health information services to consumers and *recognition* for the accomplishment of acquiring new health information skills.

Why Get a CHIS?

Librarians and other information and health professionals know the life-saving and life-enhancing value of accurate health information. By earning your CHIS, you acquire skills and knowledge needed to become a confident, expert provider of health information to your community.

Your CHIS shows employers, colleagues, and the public you serve that you are committed to offering quality consumer health information services and to staying current with developments in consumer health information resources, technologies, and services. For more information on the specialization, download the [MLA Consumer Health Information Specialization brochure](#).

These articles show the value of training in providing health information services.



Contact Us | Donate | Advertise

Login | Request Login



NIH NLM>NNLM
National Network of Libraries of Medicine

REGIONS | OFFICES | HELP

Search this site


NTO HOME About NTO Training

professional development

Tutorials & Recordings

Here you will find self-paced tutorials and recordings from selected training sessions, covering many topics including PubMed® and TOXNET®, as well as a link to the [NLM Learning Resources Database](#)®.

[Check the Schedule](#) for upcoming training opportunities.



IN THIS SECTION

Tutorials & Recordings Home

PubMed® Tutorials & Recordings


TOXNET® Tutorials & Recordings


Teaching Topics Recordings

Bioinformatics Education Recordings

Upping your YouTube Game

Connect with NTO

 [Read Our Blog](#)

 [Follow us on Twitter \(New Window\)](#) #

 [Like us on Facebook \(New Window\)](#) #

 [Watch us on YouTube \(New Window\)](#) #

Special Initiatives- Graphic Medicine

“Graphic Medicine is the intersection of the medium of comics and the discourse of healthcare.”

~Ian Williams, MD and cartoonist

- Graphic Medicine Book Club Kits
- Webinars
- Funding
- New England Graphic Medicine ComicCon

BOOK CLUB KIT

NIH NLM NNLN <https://nnlm.gov/ner/graphic-medicine-book-club-kits>

Graphic medicine is the combination of comics and healthcare. Comics help with understanding illness and health.

These kits are available to any organization in New England for free.

How kits work

1. Pick a health comic

↓

2. You receive a kit in the mail

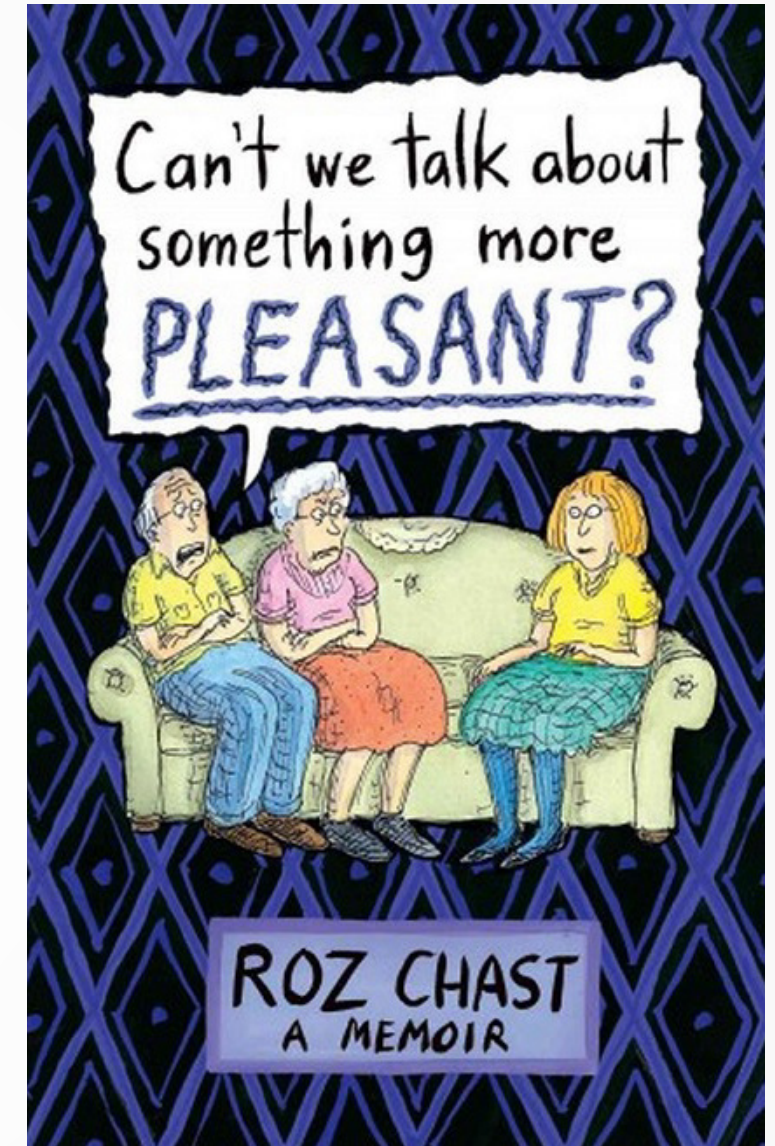


Kits include:

- 6 Graphic Novels
- Discussion guides with questions
- Valuable NLM resources on the selected topic

3. Read and learn together!

Addiction - AIDS - Aging - Cancer - Epilepsy - Grief - LGBTQ - Mental Health - OCD - Veterans

Questions? Sarah.LevinLederer@umassmed.edu
Education & Outreach Coordinator



For more resources: <https://nnlm.gov/ner/graphic-medicine>



**Any
Questions?**

This Photo by Unknown Author is licensed under CC BY-SA-NC